

Good health needs a solid foundation.

UnitedHealthcare values its relationship with the Washington Chapter Health Benefit Trust to provide AGC member companies with a benefit program that may help attract and retain employees while controlling costs.

Helping employees live healthier lifestyles.

Employees can take advantage of tools and wellness programs designed to drive individual health ownership and better outcomes.

- **myuhc.com**[®]—From one central, secure space, the myuhc.com online resource gives members 24/7 access to help manage their care, health and benefits. They can review and pay claims, download benefit and health statements, refill a prescription, chat with a nurse, search for nearby doctors and hospitals and so much more.
- **Real Appeal**[®]—Real Appeal is an evidence-based, virtual weight loss program. It provides members with tools and support designed to help them lose weight and prevent weight-related conditions.
- **SimplyEngaged**[®]—A program that promotes wellness by offering employees rewards for healthy activities. Rewards include: \$20 per month gym credit at participating fitness centers and Rally[®] coins redeemable for a variety of prizes.

Meeting the unique business needs of employers.

The AGC Health Benefit Trust allows flexibility and choice in plan designs and a host of products, programs and services to help support your business.

- **AGC member discounts** give employers of all sizes the same level of buying power usually provided for larger employers only.
- **A broad portfolio** of customizable care options to align your benefit program to company goals.
- **Consolidated billing** and electronic funds transfer (EFT) payments.
- **Single point-of-contact** for customer service and easier enrollment.
- **COBRA and Dollar Bank** administration provided at no additional cost.



For additional information:
contact your UnitedHealthcare representative
or visit agchealthplansnw.com.



Real Appeal[®] is a voluntary weight loss program that is offered to eligible participants as part of their benefit plan. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical and/or nutritional advice. Participants should consult an appropriate health care professional to determine what may be right for them. Any items/tools that are provided may be taxable and participants should consult an appropriate tax professional to determine any tax obligations they may have from receiving items/tools under the program.

SimplyEngaged[®] is a voluntary program. The information provided under this program is for general informational purposes only and is not intended to be nor should be construed as medical advice. You should consult with an appropriate health care professional to determine what may be right for you. Rewards may be taxable. You should consult with an appropriate tax professional to determine if you have any tax obligations from receiving rewards under this program. If you are unable to meet a standard related to a health factor to obtain a reward under this program, you might qualify for an opportunity to earn the same reward by different means. Contact us at 1-855-215-0230 and we will work with you (and, if necessary, your doctor) to find another way for you to earn the same reward.

Rally Health provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional. Participation in the health survey is voluntary. Your responses will be kept confidential in accordance with the law and will only be used to provide health and wellness recommendations or conduct other plan activities.

Insurance coverage provided by or through UnitedHealthcare Insurance Company or its affiliates. Administrative services provided by United HealthCare Services, Inc. or their affiliates. Health Plan coverage provided through UnitedHealthcare of Washington, Inc.

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